

| Mitglied | Datum | Liegestütze | Hockstretksprünge | Crunches | Adler | Punkte | Platzierung |
|----------|------------|-------------|-------------------|----------|-------|--------|-------------|
| 8 | 28.08.2023 | 56 | 63 | 70 | 174 | 605 | |
| | 13.11.2023 | 73 | 70 | 79 | 140 | 651 | |
| | 20.11.2023 | 60 | 73 | 150 | 250 | 845 | |
| | 27.11.2023 | 60 | 60 | 220 | 257 | 993 | 1 |
| 10 | 28.08.2023 | 77 | 70 | 160 | 260 | 910 | |
| | 30.11.2023 | 73 | 45 | 124 | 287 | 789 | 2 |
| Gast G | 20.11.2023 | 71 | 66 | 119 | 114 | 670 | 3 |
| 5 | 20.11.2023 | 50 | 36 | 97 | 286 | 669 | 4 |
| 20 | 28.08.2023 | 4 | 53 | 91 | 64 | 330 | |
| | 27.11.2023 | 9 | 81 | 158 | 146 | 662 | 5 |
| 45 | 28.08.2023 | 63 | 60 | 29 | 51 | 388 | |
| | 20.11.2023 | 58 | 59 | 111 | 111 | 645 | 6 |
| 4 | 28.08.2023 | 46 | 82 | 120 | 130 | 655 | |
| | 13.11.2023 | 42 | 92 | 82 | 149 | 621 | |
| | 27.11.2023 | 50 | 86 | 88 | 141 | 634 | 7 |
| 6 | 28.08.2023 | 77 | 47 | 83 | 93 | 550 | |
| | 13.11.2023 | 66 | 44 | 94 | 97 | 537 | |
| | 20.11.2023 | 63 | 62 | 90 | 135 | 626 | 8 |
| Gast F | 20.11.2023 | 24 | 72 | 185 | 115 | 611 | 9 |
| Gast H | 27.11.2023 | 70 | 88 | 77 | 75 | 602 | 10 |
| 38 | 28.08.2023 | 76 | 76 | 71 | 68 | 578 | 11 |
| 3 | 28.08.2023 | 45 | 69 | 73 | 126 | 542 | |
| | 27.11.2023 | 50 | 55 | 100 | 108 | 550 | 12 |
| 21 | 28.08.2023 | 57 | 52 | 55 | 55 | 433 | |
| | 13.11.2023 | 59 | 45 | 102 | 85 | 531 | 13 |
| 44 | 28.08.2023 | 74 | 61 | 52 | 48 | 450 | |
| | 13.11.2023 | 65 | 45 | 84 | 55 | 459 | |
| | 20.11.2023 | 64 | 66 | 61 | 61 | 504 | 14 |
| 27 | 28.08.2023 | 59 | 54 | 90 | 65 | 497 | 15 |
| 2 | 28.08.2023 | 26 | 68 | 63 | 100 | 438 | |
| | 13.11.2023 | 39 | 61 | 91 | 76 | 475 | |
| | 20.11.2023 | 24 | 60 | 100 | 107 | 488 | 16 |
| 35 | 28.08.2023 | 18 | 46 | 92 | 81 | 385 | |
| | 30.11.2023 | 9 | 64 | 100 | 126 | 476 | 17 |
| 22 | 28.08.2023 | 45 | 60 | 60 | 65 | 439 | |
| | 20.11.2023 | 51 | 45 | 69 | 98 | 472 | 18 |
| 14 | 13.11.2023 | 38 | 63 | 116 | 43 | 442 | 19 |
| Gast E | 28.08.2023 | 28 | 45 | 82 | 115 | 437 | 20 |
| Gast B | 28.08.2023 | 43 | 60 | 63 | 60 | 431 | 21 |
| 31 | 28.08.2023 | 21 | 46 | 73 | 113 | 402 | 22 |
| 7 | 27.11.2023 | 51 | 50 | 49 | 51 | 401 | 23 |
| Gast A | 28.08.2023 | 51 | 50 | 48 | 51 | 398 | 24 |
| 40 | 13.11.2023 | 15 | 64 | 80 | 83 | 407 | |
| | 20.11.2023 | 45 | 38 | 63 | 61 | 377 | 25 |
| Gast C | 28.08.2023 | 41 | 45 | 46 | 45 | 349 | 26 |
| Gast D | 28.08.2023 | 6 | 73 | 33 | 99 | 328 | 27 |
| 30 | 27.11.2023 | 17 | 45 | 58 | 60 | 310 | 28 |
| 33 | 28.08.2023 | 40 | 48 | 35 | 35 | 305 | 29 |
| 16 | 28.08.2023 | 50 | 50 | 15 | 30 | 271 | |
| | 13.11.2023 | 47 | 56 | 0 | 59 | 294 | 30 |
| 34 | 28.08.2023 | 15 | 44 | 40 | 78 | 290 | 31 |
| 17 | 28.08.2023 | 21 | 45 | 19 | 96 | 286 | 32 |
| 37 | 28.08.2023 | 18 | 52 | 14 | 45 | 222 | 33 |
| 41 | 28.08.2023 | 2 | 30 | 50 | 57 | 214 | 34 |